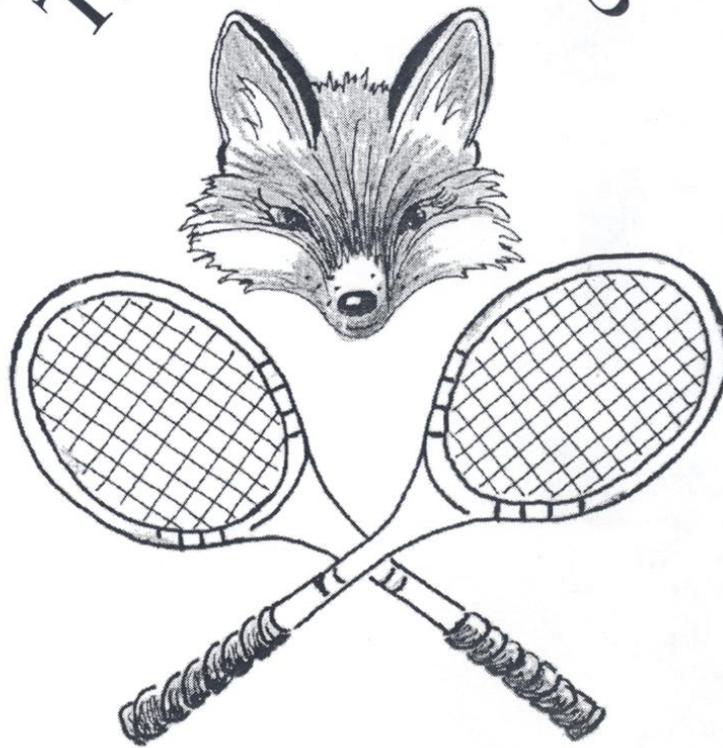


MIDDLEBURG TENNIS CLUB



Lunch Menu

Wednesday – Saturday

11:30 – 2:30

Soups

House Made New England Clam Chowder

-or-

Soup du Jour

Cup 5-

Bowl 6-

Soup and Salad 10-

Appetizers

Coconut Shrimp 12-

Shrimp and Pork Egg Rolls 10-

Fried Mozzarella Sticks 10-

Shrimp & Crab Meat Cocktail 15.5-

Cream Cheese Jalapeño Poppers 10-

Salads

Served with warm bread.

House Salad 6-

Fresh mixed greens, tomatoes, cucumbers, carrots, red onions

Served with your choice of dressing

Classic Caesar Salad 9-

Entrée 12-

Crisp romaine hearts, homemade croutons, fresh Parmesan, light Caesar dressing

Spinach Salad 9-

Entrée 12-

Baby spinach, tomato, onion, bacon, egg, mushroom, radish, feta cheese, honey mustard vinaigrette

Fresh Mozzarella Salad 9-

Entrée 12-

Fresh sliced mozzarella, mixed greens, marinated tomato, black olives, roasted peppers, balsamic vinaigrette, & house made pesto on the side

-Additions-

Grilled Chicken 5-

Sliced Tender Steak* 7-

4oz Petite Filet* 9-

Salmon 7-

Shrimp 8-

Crab Cake 11-

**These items may be ordered undercooked. Consuming raw or undercooked meats may increase your risk of food-borne illness.*

Specialty Salads

All of our salads are served with warm bread.

Curry Chicken Salad 13-

Curried chicken, bourbon sautéed raisins, celery, and onion.
Topped with toasted coconut and served over a bed of mixed greens with fresh fruit.

Harvest Chicken Salad 17-

Grilled chicken, walnuts, dried cherries, tomato, apple, blue cheese crumbles, mixed greens, apple cider vinaigrette.

Cobb Salad 15-

Grilled chicken, romaine, chopped egg, bacon, onion, mushroom, cheddar and jack cheese, cucumber, radishes, tomato, ranch dressing.

Chef's Salad 15-

Romaine, smoked turkey, honey baked ham, bacon, chopped egg, onion, cheddar, tomato.
Served with your choice of dressing.

BLT Salad 15-

Tomato, bacon, onion, avocado, mixed greens, shredded Monterey jack and cheddar cheese apple cider vinaigrette.

Parmesan Chicken Salad 17-

Parmesan crusted chicken, mixed greens, tomatoes, parmesan cheese, and parmesan peppercorn dressing.

California Crab Salad 20-

Boston Bibb lettuce, lump crab meat, radishes, bacon, tomato, avocado, mandarin oranges, feta cheese, sesame orange vinaigrette.

Steak Salad * 19-

4 oz. filet mignon, romaine, feta cheese, red onion, tomato, black olives, your choice of dressing.

Egg Salad -or- Tuna Salad 10-

Your choice over a bed of mixed greens with fresh fruit.

Wraps

Served with your choice of fresh fruit or French fries and a pickle.
Soup or Salad \$3, ½ Fruit & ½ Fries \$1. Avocado \$1.50. Bacon \$1.50

Blackened -or- Santa Fe Chicken Wrap 12-

Blackened or grilled chicken breast with lettuce, tomato, cheddar cheese and a Mexican ranch dressing in a flour tortilla.
Served with a side of guacamole.

Steak -or- Shrimp Wrap 15-

Lettuce, tomato, shredded cheese, Mexican ranch dressing, guacamole

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Sandwiches

Served with your choice of fresh fruit or French fries and a pickle.
Soup or Salad \$3 ½ Fruit & ½ Fries \$1. Avocado \$1.50. Bacon \$1.50

The Club House 13-

Smoked turkey, honey baked ham, bacon, Swiss cheese, lettuce, tomato and mayonnaise, served on three slices of white or wheat bread.

The Reuben 11-

Thinly sliced corned beef topped with sauerkraut, Swiss cheese, and Thousand Island dressing, served on rye bread.

California Chicken Club 13-

Grilled chicken breast, avocado, bacon, Swiss cheese, chipotle aioli, lettuce, tomato, onion, Kaiser Roll.

Crab Cake Sandwich 17-

Jumbo lump crab cake, Kaiser Roll, Cole slaw, tartar sauce.

Egg Salad Sandwich 10-

Avocado, lettuce, tomato, your choice of bread.

Tuna Salad Sandwich -or- Melt 10-

Lettuce, tomato, your choice of bread.

BLT 11-

Bacon, lettuce, tomato, and mayonnaise, on your choice of bread.

Paninis

Served with your choice of fresh fruit or French fries and a pickle.
Soup or Salad \$3, ½ Fruit & ½ Fries \$1. Avocado \$1.50. Bacon \$1.50

Steak and Cheese 12-

Onions, peppers, lettuce, tomato, provolone cheese.

Grilled Veggie Sandwich 11-

Zucchini, squash, carrots, peppers, portabella mushroom, house-made pesto, fresh mozzarella.

Turkey Panini 13-

Swiss cheese, bacon, lettuce, tomato, mayonnaise.

Chicken Pesto Panini 12-

Grilled chicken, fresh mozzarella, tomato, and pesto.

Oyster Po' Boy 12-

Fried oysters, boom-boom sauce, lettuce and tomato.

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Burgers

Served with your choice of fresh fruit or French fries and a pickle.
Soup or Salad \$3 ½ Fruit & ½ Fries \$1. Avocado \$1.50. Bacon \$1.50

The Middleburger* 11-

8 oz. Black Angus burger, lettuce, tomato, onion.

Gardenburger 10-

Made with mushroom, beans, vegetables, and rice.
Lettuce, tomato, onion, provolone cheese.

Black Bean Burger 10-

Chipotle aioli, lettuce, tomato, onion.

Turkey Burger 11-

Bacon, avocado, Swiss cheese, Kaiser Roll.

Entrees

Fish & Chips 13-

Three breaded pieces of cod, Cole slaw, and tartar sauce.
Served with fresh fruit or French fries.

Chicken Strips 12-

Four tender pieces of breaded chicken breast, your choice of BBQ sauce, honey mustard, or ranch dressing.
Served with fresh fruit or French fries.

Steak -or- Chicken Quesadilla 15-

Tomato, peppers, onions, cheddar, and jack cheese, guacamole, salsa, Mexican salad.

Spinach and Chicken Enchilada 18-

Grilled chicken, onions, green peppers, spinach, sour cream, corn tortilla, provolone and cheddar cheese, guacamole, Mexican salad.

Chicken, Beef, -or- Shrimp Fajitas 14-

Combination 15.5-

Sautéed onions and peppers, lettuce, tomato, cheddar cheese, sour cream, guacamole, salsa.

Shrimp Linguini 15.5-

Sun dried tomato pesto sauce, parmesan cheese, and grilled bread.

Grilled -or- Blackened Salmon 13-

6oz. salmon filet, sautéed spinach, onions, peppers, tomatoes.

Smoked Norwegian Salmon 15.5-

Capers, chopped onion, egg.
Served with a bagel and cream cheese.

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Join us...

Family Night:

Wednesdays from 5-8pm

Kids get a free ice cream cookie sundae!

Theme Night:

Thursdays from 5-8pm

Friday Night Happy Hour:

Enjoy reduced priced menu items and drink specials!

